



The Zajac Ranch Outdoor Education Program allows students and visitors to learn beyond the classroom and the office. We provide the learner with unique and outstanding outdoor programs, which supplement most educational programs. Those who partake in our outdoor education program experience many activities which allow for the enhancement of leadership skills, enable people to develop cooperation skills, and infuse the student with a deeply rooted respect for nature.

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## ACTIVITIES

**All activities are weather permitting and waterfront activities are dependent upon water levels**

**( ) – indicates the minimum number of staff required to run that activity**

Activities are 60 Minutes PLUS 10 Minutes for Changeover

### **Instructor costs for activities:**

Half Day 1 Instructor - \$150 x number of instructors needed (for three hours)

Full Day 1 Instructor - \$250 x number of instructors needed (for five hours)

### **Use of Gym:**

Half Day (for three hours) - \$200

Full Day (for five hours) - \$300

### **Swimming Pool (subject to availability)**

Our newest facility at the Ranch is a 40ft X 80ft therapeutic swimming pool and hot tub complete with an interactive water feature. Perfect for relaxing after a morning of outdoor activities, the pool, complete with western theme, is the perfect way to wind down after a day full of activities.

### **Use of Pool:**

3 Hour Session - \$300

Lifeguard (for three hours) - \$150\*

**\*Please provide Bronze Medallion or NLS Certificate for self-provided lifeguard**



## ZAJAC RANCH CORE ACTIVITIES

### **High Ropes Alpine Challenge Course (2)**

The high ropes program is designed to challenge each camper to achieve personal goals and stretch their comfort zone to create success. Whether it is climbing the ladder, putting on a harness or completing the full element, 30ft off of the ground, each camper chooses how far they want to go and can discover things they thought they could never do.

### **Low Ropes Team Development Course (1)**

Our low ropes course offers a variety of challenges to develop both team and personal goals in a safe and supportive environment. The course may be used recreationally or as a tool to work on specific outcomes such as teambuilding and communication. Our low ropes program consists of over 5 different low ropes challenges. Please discuss your goals in advance!

### **Climbing Wall (2)**

Learn the basics of rock climbing on the Zajac Ranch rock climbing wall. Utilizing a similar philosophy as for our High Ropes activity; each camper can challenge themselves by simply putting on a harness, roping up, climbing the rope ladder, or, the entire climbing wall. Here, anyone pushing the boundaries of their comfort zone is achieving success.

### **Horseback Programming Activities (2)**

We are proud to offer a unique horse program as part of your stay at the Zajac Ranch. We are devoted to safe and responsible methods of riding and caring for horses and all animals. Prior to riding, participants will learn basic hands-on horsemanship skills such as controlling the horse using clear communication, mounting, and dismounting. Participants will also have a chance to interact with a variety of petting zoo animals including the donkey, llama, goats, rabbits and playful newborn baby goats.

**\*Riders must be less than 200lbs**

### **Archery (1)**

Our archery range was constructed with beginner-level archers in mind. The range is equipped with 20 and 30 pound bows, perfect for junior Robin Hoods! Participants learn basic archery skills, safety, and technique. Team up with your friends to win the coveted Archery Master's Hat, or score points puncturing the Balloons of Doom!

### **Canoeing (1 per 10 participants – including chaperones)**

We have twelve 12-foot canoes, enough for 36 people to adventure at a time! Participants learn canoe and waterfront safety, sculling strokes like the pry and draw, steering strokes like the C and J strokes, and how to most effectively splash your friends! Older children and adults who have demonstrated their skills can go for guided canoe expeditions exploring Stave Lake. \*Only available for June, September and only if water levels are cooperative.

### **Kayaking (1 per 10 participants – including chaperones)**

We have ten beautiful ocean kayaks. Participants learn how to paddle and steer. As with canoeing, older children and adults who have demonstrated their skills can go for guided kayak expeditions exploring Stave Lake. \*Only available for June, September and only if water levels are cooperative

### **Wildness Survival – Extended 3 Hour Course (2)**

For those interested in an extended Wilderness Survival Program, we offer a 3 hour course, for groups of up to 15, that includes: shelter building with natural supplies, fire building, boiling water, cooking your own lunch, and several other survival basics. We can handle full groups for this activity so long as chaperone to children rate is kept at 1:12.



## OUTDOOR EDUCATION ACTIVITIES

### **Lakeshore Safari (1)**

Where else to learn about lakeside ecology than on the shores of Stave Lake? We've designed a site-specific program to teach participants about the ecosystem surrounding Stave Lake. Children will learn basic ecology before exploring the lakeshore for critters with nets.

### **Forest Rangers (1)**

The wilderness surrounding the Zajac Ranch is home to a wide assortment of trees – perfect for learning about forest growth! Children will learn to differentiate between types of trees, wet and dry years, and how to determine the age of a tree (all while taking a brief hike into the nearby forest).

### **BC Bird Study (1)**

Participants will learn about the wide variety of birds located in Coastal BC. They will learn about wing spans, nests, eggs, and migration. After, they will discover our Wingspan Wall to challenge their skills at identifying birds.

### **Gold Panning (1)**

An appropriately-themed activity for Zajac Ranch campers – Gold Panning will teach participants about stream flow, different sizes of sediment located within a stream, minerals, magnetite and non-magnetite rocks, and, then, participants will gold pan near the shores of Stave Lake.

### **Wilderness Survival (1)**

The wilderness is a rugged place and our Wilderness Survival program will teach attendees the basics to survive in the outdoors. Groups will learn to build a shelter, with twigs, leaves, and tree branches. Participants will also learn to build a fire to stay warm.

### **Weather Forecasting (1)**

Being able to accurately forecast the weather is a skill that will be useful for ages. In this program, groups learn how to forecast weather, discuss how atmosphere works, what clouds can mean, and learn how to use weather forecasting instruments (such as a barometer).

### **Junior Astronauts (1)**

Participants will learn interesting facts about all of the planets in our solar system. They will learn what an eclipse is and about other space events.

### **Map Masters (1)**

Map Masters is a journey into the world of maps that includes map reading, legend interpretation, and basic orientation. This is followed by the students using maps to find a hidden message around camp (K-3rd Grade)

### **Nature Art (1)**

This class encourages participants to look at nature in a different way. They will get their creative juices flowing as they search for natural items around camp to use to make an animal art sculpture. Their creature creation will get to follow them back home.

### **Orienteering (1)**

Participants learn about the Earth's magnetic field and how it relates to the way a compass works. Once they learn about the parts of the compass and discover how to use it, the students will test their new skills to navigate through our compass course. Advanced groups may look at how to read and use a map (4th-6th Grade)

### **Animal Adaptation (1)**

A walk on the "Wild" side! Participants get to experience our Petting Zoo filled with live animals! Here they will get the opportunity to handle some of the animals while learning about them. They will also participate in activities that simulate the hardships and adaptations of predators and prey in the animal world. Concepts such as adaptation, camouflage, and habitat will be presented and discussed in this class. (All ages)

### **Endangered Species (1)**

Through exciting games and activities, this class helps raise student's awareness of the reality of endangered animals and gives them ideas on how to preserve our environment to save these magnificent creatures. (All ages)



## TEAM BUILDING ACTIVITIES

### **Cooperative Games (1)**

Communication and cooperation is an important concept that should be taught at an early age. This class will begin to teach the younger students important teamwork skills through high energy and extremely fun field games. This is a great activity to wear the students out! (K-3rd Grade)

### **Group Challenge Part I (1)**

This is a great activity to break the ice and get the group focused on teamwork. Participants go through a series of challenging field initiatives to learn how to trust and communicate with one another. They will not go on the low ropes course during this activity. This course is a pre-requisite to Group Challenge II. (4th-6th Grade)

### **Group Challenge Part II (1)**

This is a more advanced teambuilding class. Building on the skills the students learn in Group Challenge I, teamwork is taken to a higher level. Individuals may warm up with a couple of field initiatives and then are taken to a higher level. They must work together to come up with their own plans to safely and cooperatively get their entire group through each challenge. Please note that each group may face different obstacles, as each instructor will create an individualized plan to develop the group most effectively. Group Challenge Part 1 is a pre-requisite for this class. (4th-6th Grade)

## OTHER/EVENING PROGRAMMING

### **Action Auction (1)**

An excellent activity for teamwork and creativity! Individuals work as a team in their cabin groups to creatively present items or creations to a panel of judges (staff). They must bring an assortment of personal items with them to work with. An example of a creation may be: dress up someone in your cabin like a Christmas tree. This is a great activity for the chaperones to be involved in. (All ages)

### **Camp Scavenger Hunt (1)**

Participants work together in teams in search of particular items or information on camp. They have limited time so need to plan well. Everyone learns a little more about what makes this place so great. It is fun and gets all of the students active and involved. (All ages)

### **Liars Club (1)**

How well can you lie? This is a great activity for the chaperones and teachers to get involved in. The adults will compete against the students by trying to lie to them about a random object. If the students guess the adult who is telling the truth, then the students receive a point, but if the adults can fool the students, then the adults are awarded the point. (Schools are welcome to bring their own objects that they think will fool the students) (All ages)

### **Night Explorers (1) – \*Dependent upon Clear Skies**

Participants will learn the constellations in our Solar System; they will learn the myths and legends of the constellations. They will learn about shooting stars, comets, and meteors – all incredibly exciting and a great program for night time participants.